

# Blood Sugar Log – 24 Hour Format

**My Diabetes Plan (Name: \_\_\_\_\_, DOB \_\_\_\_\_)**

Long-acting insulin (Lantus/Basaglar/Levemir/Tresiba) dose: \_\_\_\_\_ units, given at \_\_\_\_\_.  
(morning, bedtime, etc)

Insulin to Carbohydrate Ratio: 1 unit per \_\_\_\_\_ grams

Correction dose:

Daytime: 1 unit per \_\_\_\_\_ mg/dL above \_\_\_\_\_ mg/dL

Nighttime: 1 unit per \_\_\_\_\_ mg/dL above \_\_\_\_\_ mg/dL

On Average I take about \_\_\_\_\_ units of my Humalog or Novolog insulin per day (include all meals, snacks, and correction doses).

Date:	12A	1A	2A	3A	4A	5A	6A	7A	8A	9A	10A	11A	12P	1P	2P	3P	4P	5P	6P	7P	8P	9P	10P	11P
Glucose (sugar)																								
Carbs (grams)																								
Insulin (units)																								
Notes:																								
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**Pediatric Diabetes Clinic**  
**608-890-9400**