

Illinois location routes

- **Belvidere Medical Center**

1 mile route

Take West Ninth Street to South State Street. Turn left on South State Street and head toward West fifth Street. One West Fifth Street, walk one block to Garfield Avenue. Turn right onto Garfield Avenue and continue straight to return to West Ninth Street.

- **Belvidere Clinic**

0.8-mile route

Head southwest on Doc Wolf Drive toward North State Street. Take a left onto North State Street, followed by a slight left to stay on North State Street heading toward US-20 Bus. Turn left on to US-20 Bus and head towards Beloit Road. Turn left onto Beloit Road proceeding toward Henry Luckow Lane. Turn left onto Henry Luckow Lane followed by a left onto Doc Wolf Drive.

- **Brookside Specialty**

1-mile route

Take North Alpine Road to Highcrest Road. Turn right onto Highcrest Road and head towards Comanche Drive. Turn right onto Comanche Drive and head toward Guilford Road. Turn right onto Guilford Road, toward N Alpine Road. Turn right onto North Alpine Road and head back toward clinic.

- **Byron Clinic**

1-mile route

Turn left onto South Washington Street, toward W Merchant Street. Turn left onto W Merchant Street, toward South Chestnut Street. Turn left onto South Chestnut Street, head toward East Front Street. Turn right onto East Front Street. Continue on East Front Street to South Peru Street. At South Peru Street, reverse path, and head back to clinic.

- **Creekside**

1-mile route

Follow the walking path main loop.

- **Davis Junction Clinic**

Half-mile route

Head toward North Junction Way and turn left toward Route 72. When you reach Route 72, make a U-turn, and head back on North Junction Way. Continue on North Junction Way all the way down to the circle, then head toward Tyler Veterinary Clinic. From the end of the drive at Tyler Veterinary Clinic, head back up North Junction Way to Route 72. When you reach Route 72, reverse path and head back on North Junction Way.

- **Edgewater Clinic**

1-mile route

Head south on North Main Street toward Brown Avenue. At Brown Avenue reverse path and head back to clinic

1.5-mile route

Head south on North Main Street toward Brown Avenue. Turn left onto Brown Avenue. Take

first right into Greenwood cemetery. Follow path until reaching the circle. Follow circle around and reverse path back to clinic.

- **Five Points Clinic**

1-mile route

Head south on South Rockford Avenue, toward Hooker Avenue. Turn right onto Hooker Avenue and head toward Hollister Avenue. Turn left on Hollister Avenue and go toward 2nd Avenue. Turn left onto 2nd Avenue, toward Shaw Street. Turn left onto Shaw Street and head toward Augusta Street. Turn left onto Augusta Street, toward South Rockford Avenue. Turn right onto South Rockford Avenue. Head back toward Five Points Clinic.

- **North Main Clinic**

1-mile route

Take Edson Street toward Willoughby Avenue. Turn left onto Willoughby Avenue toward Country Club Terrace. Turn left onto Country Club Terrace and continue towards cul-de-sac. Follow the cul-de-sac around and back toward Willoughby Avenue. Turn right onto Willoughby Avenue toward Edson Street, Turn right onto Edson Street.

- **Plaza**

0.25-mile route

Follow the Dahlquist Park walking path.

- **Riverwest Clinic**

Half-mile route

Head on Marchesano Drive/Michigan Avenue, toward Clifton. At Clinton, make a U-turn and head back down Marchesano Drive past the clinic. Proceed to Gasparini's parking lot. At Gasparini's parking lot, make a u-turn and head back down Marchesano Drive toward Clifton.

- **Rochelle Clinic**

1-mile route

Head west onto East McConaughy Avenue toward Calvin Road. Turn left onto Calvin Road and head toward 15th Street/School Avenue. Turn left onto 15th Street/School Avenue toward North Caron Road. Turn left on North Caron Road toward East McConaughy Avenue. Turn right and head back to clinic.

- **Stateline Clinic**

1-mile route

Turn left onto East Rockton Road toward Glengary Drive. Turn left on Glengary Drive toward Winfield Court. Turn right onto Winfield Court toward Bayfield Road. Turn left onto Bayfield Road and head toward Edge Rock Road. Turn left onto Edge Rock Road and head toward Wynstone Way. Turn left onto Wynstone Way, toward Winfield Court. Turn left onto Winfield Court toward Glengary Drive. Turn left onto Glengary Drive toward Rockton Road. Turn right onto Rockton Road and head back to clinic.

- **SwedishAmerican Hospital**

1-mile route

Follow campus walking path, complete loop.

- **Valley Clinic**

1-mile route

Take Newburg Road toward Redansa Drive. Turn left onto Redansa Drive and proceed to Brandywine Drive. Turn left onto Brandywine Drive. Take Brandywine Dr to Timberline Lane and

turn left. Follow Timberline Lane to the circle at the end. Head back to Brandywine Drive and take a right toward Redansa Drive. Turn right onto Redansa Drive and go towards Newburg Road. Take a right on Newburg Road and head back towards the clinic.

Wisconsin location routes

- 1 S. Park Clinic - Outdoor routes • Indoor route
 - 1 South Park Outdoor
1 mile route (Around the Triangle)
Start at the corner of Regent Street and Park Street. Walk along Regent Street to West Washington Avenue. Turn right onto West Washington Avenue and proceed to Park Street. Turn right onto Park Street and return to Regent Street.
 - 1 ½ mile Route (Brittingham Park via the W Washington Pedestrian Overpass Route)
Start at the 1 South Park Street Circle entrance. Turn left onto Braxton Place towards BayView Apartments. Proceed around circle, heading down the other side of Braxton Place. At the 755 Street address sign, turn left and walk along drive to the West Washington Pedestrian Overpass. Cross over bridge and proceed towards the street. Turn right onto West Washington to get to Brittingham Park Bike Path. Follow the path until you reach path along the bay. Turn left on bay path and proceed to Proudfit Street. Reverse path back to 1 South Park Street.
 - 1 South Park Clinic Indoor
Start at 1 South Park, Surgery Center Clinic on the third floor. Follow signs to the Skywalk and follow across. Turn right and proceed through 20 South Park Street Clinic. When you arrive at the North Building entrance, reverse path and retrace your steps through 20 South Park Clinic. Follow signs towards registration and continue toward Meriter Hospital. Turn right and proceed through Meriter Hospital. At revolving doors, reverse your patch back to the Skywalk and across to the 1 South Park Clinic.
- 20 S. Park Clinic - Outdoor routes • Indoor route
 - 20 South Park Outdoor
 - 1 mile route
Head south on South Brooks Street. Turn right onto Vilas Avenue. Proceed and turn right onto South Orchard Street. Turn right onto Milton Street.
 - 1 ½ mile route A Walk around Vilas Circle
Start walking south on South Brooks Street. Turn right onto Vilas Avenue. Walk around Vilas Circle and return to Vilas Avenue. Turn left onto South Brooks Street.
 - 2 ½ mile Route A walk around Vilas Park
Walk south on South Brooks Street. Turn right onto Drake Street and follow it to the Grant St. intersection. The Vilas Park walking path begins at the zoo parking lot exit and continues parallel to Vilas Avenue. Turn left onto Vilas Park Drive and continue to walk completely around the park. Turn left onto Mills Street. Turn right onto Milton Street.
 - 20 South Park Indoor
Start at 1 South Park, Surgery Center Clinic on the third floor. Follow signs to the

Skywalk and follow across. Turn right and proceed through 20 South Park Street Clinic. When you arrive at the North Building entrance, reverse path and retrace your steps through 20 South Park Clinic. Follow signs towards registration and continue toward Meriter Hospital. Turn right and proceed through Meriter Hospital. At revolving doors, reverse your path back to the Skywalk and across to the 1 South Park Clinic.

- 1102 S. Park - Half-mile route • 1-mile route
 - Half-mile route
Head straight onto Emerson Street. Turn right onto Lowell Street. Left onto West Olin Avenue. Left onto Whittier Street. Left onto Emerson Street and proceed to clinic.
 - 1-mile route
South on South Park Street. Right onto Midland Street. Left onto North Wingra Drive. Left onto South Street. Left onto High Street. Right onto Midland Street. Left onto South Park Street and proceed to clinic.
- 8007, 8501 Excelsior and 1212 Deming - Routes
 - 1-mile route
From the 8501 Excelsior building entrance, turn left onto Excelsior Drive. Turn right onto Deming Way. Proceed to Blackhawk Road. At Blackhawk Road, reverse path and head back to 8501 Excelsior Drive.
 - 1.2-mile route
From the 8501 Excelsior Dr. building entrance, turn right onto Excelsior Drive. After the Healthgrades entrance, turn left onto the concrete path and follow around prairie gardens. Turn right onto Excelsior Drive and return to the building.
 - 2-mile route
From the 8501 Excelsior Dr. building entrance, turn right onto Excelsior Drive. Turn left onto Fourier Drive. Turn left onto Deming Way. Turn left onto Excelsior Drive and return to the building.
- Administrative Office Building – Routes
 - Half-mile route
From the AOB main entrance, turn right and proceed toward the roundabout Turn left onto UW Health Court. Turn left and proceed on the Pheasant Branch Trail (bike/walking path). Turn right onto Deming Way. Turn right onto UW Health Court and proceed to the AOB main entrance.
 - 1-mile route
From the AOB main entrance, turn right and proceed toward the roundabout. Turn left onto UW Health Court. Turn left and proceed on the Pheasant Branch Trail (bike/walking path). Turn right onto Deming Way and proceed around the curve. Turn right onto the Pheasant Branch Trail (bike/walking path). Turn left onto UW Health Court and proceed to the AOB main entrance.
- Administrative Services Building - Routes
 - 1-mile route
At Westfield Rd., turn right and proceed north to Tree Lane. Turn left onto Tree Lane. Walk to Haen Family Park, and return to 301 S. Westfield Rd.

- 2-mile route
At Westfield Rd., turn right and proceed north until you reach Old Sauk Rd. At Old Sauk Rd., turn around and return to 301 S. Westfield.
- American Family Children's Hospital - Route
 - 1-mile route
Start at AFCH. Left onto Highland Avenue. Right onto University Bay Drive. Left onto Colgate Road. Stay left onto Yale Road. Left onto Harvard Drive. Right onto University Bay Drive. Left onto Highland Avenue. Take a right and return to AFCH.
- Beaver Dam Clinic – Routes
 - 1-mile route
From the Beaver Dam Clinic entrance, turn left. Turn left onto S. University Ave. Turn left onto Stone St. Take a slight left onto Warren St. Turn left onto Webster St. Turn left onto S University Ave. and return to clinic entrance.
 - 1.7-mile route
From the Beaver Dam Clinic entrance, turn left. Turn right onto S. University Ave. Turn left onto E. South St. Turn left onto S. Lincoln Ave. Turn left onto Judson Dr. Turn left onto Roedl Ct. Turn right onto Stone St. Turn left onto S. University Ave. and return to clinic entrance
- Belleville Clinic - 0.6-mile route
 - 0.6-mile route
From the main entrance, turn right toward Colt Dr. Turn right onto dead end street and proceed to end. Make a U-turn and return to Colt Dr. Turn right onto Colt Dr. At the end of Colt Dr, make a U-turn. Proceed on Colt Dr toward Bellwest Blvd. Turn left onto Bellwest Blvd. At the end of the street, make a U-turn. Turn right and return to clinic entrance.
- Cottage Grove Clinic - Routes
 - 0.64-mile route
From the UW Health Cottage Grove entrance, turn left. At E. School Rd., turn right and proceed to N Main St/Hwy. N. Turn left onto N. Main St/Hwy N. Turn left onto E. Northlawn Dr. Turn left onto St. John St. Turn left onto E. School Rd and return to the clinic entrance.
 - 1.61-mile route
From the UW Health Cottage Grove entrance, turn left. Turn left onto E School Rd and proceed to Landmark Dr. Turn left onto Landmark Dr. Turn right onto Commerce Pkwy. After passing Johnson Health but before reaching the water, turn left and proceed onto a walking trail. Turn left onto E. Gaston Rd. Turn left onto Landmark Dr. Turn left onto E. School Rd. and return to the clinic entrance.
- Cross Plains Clinic - Routes
 - 1-mile route
North on West Brewery Road. Left onto Martin Street. Right onto Lewis Street. Right onto Valley Street. Right onto Church Street/CH P. Left onto W. Brewery Road and return to clinic entrance.
 - 2-mile route
North on West Brewery Road. Left onto Martin Street. Right onto Lewis Street. Right onto Caesar Street. Right onto Woodside Drive. Left onto Valley Street. Left onto W.

Brewery Road. Right onto Thinnes Street. Right onto Esser Street. Left onto Pleasant View Lane. Pleasant View Ln turns slightly L and becomes Stumpf St. Right onto Baer Street. Right onto Church Street/CH P. Left onto West Brewery Road.

- DeForest-Windsor Clinic - Route

- 2-mile route

Left onto Meridian Drive. Right onto North Towne Road. At Bear Tree Parkway, reverse your path and return on North Towne Road. Right onto Meridian Drive. Turn around at Blanchar's Crossing and return to clinic on Meridian Drive.

- Digestive Health Center - Route

- 1.6-mile route

Northeast on University Row. Cross University Avenue and take a left onto the bike patch. Right onto Tomahawk Trail, Right onto Flambeau Road. Left onto Merrill Springs Road. Left onto Lake Mendota Drive, Left onto Spring Harbor Drive. Left at Spring Harbor Dr onto University Ave bike path. Right onto University Row and proceed to clinic.

- East Madison Hospital – Routes

- East Madison Hospital Outside

Start at the north side of the hospital near the Meditation Room. Start walking on the gravel path and turn right at the emergency light. stay on the gravel path until you approach UW Health sidewalk. Turn left to get onto the Eastpark Blvd sidewalk. Turn right on Eastpark Blvd. At the roundabout, take a slight right. Turn right onto gravel path behind the Emergency Department. Return to the emergency light, turn right and proceed into the building.

- Inside

0.50-mile route

Start at the Clinic Entrance and turn left to proceed down the hallway, through the Exam Rooms E, F and G. When you arrive at the Main Information Desk, cross the lobby area and continue down the hallway until you reach Hallway D. Turn left onto Hallway D and proceed toward the Emergency Department. At the end of the hallway, turn left and proceed past Exam Rooms D, C, B and A. When you reach Exam A, turn left and follow the signs to Main Lobby. When you arrive in the Surgical Waiting Area, turn left and proceed toward the Main Stairs. Take the Main Stairs to the 2nd floor. On the 2nd floor, follow the signs to Clinics J, K, L, M and N. Proceed through the Clinics area and continue toward Sports Performance and Rehabilitation. When you arrive at the Sports Performance and Rehabilitation entrance, stay to the left and proceed to the stairs. Take the stairs to the 1st floor. When you exit the stairwell on the 1st floor, proceed toward the Clinic Lobby Turn left to continue through the Therapy and Wellness Studio. Proceed through the Therapy and Wellness Studio, and at the end of the hallway, turn right and continue toward Classroom 2 (Learning Kitchen). At the end of the hallway, turn around and retrace your steps to the Clinic Entrance.

- Fitchburg Clinic - Routes

- 1-mile route

East on E Cheryl Pkwy. Left onto Woods Hollow Rd. Left onto Research Park Dr. Right onto E Cheryl Pkwy. Return to Clinic

- 2-mile route

West on Cheryl Drive. Left onto Lyman Drive. Continue onto Barbara Drive. Right onto Jacquelyn Drive. Left onto Rosellen Avenue. Left onto Cheryl Drive. Right onto Florann

Drive. Right onto Jacquelyn Drive. Right onto Lyman Lane. Left onto Cheryl Drive and return to clinic.

- Fort Atkinson Clinic – Routes

- 1-mile route

- From clinic, proceed to Mehta Ln. Take a slight left. Proceed to Reena Ave. Turn right onto Reena Ave. Proceed to Montclair Pl. At Montclair Pl, turn around. Turn left onto Mehta Ln and return to clinic.

- 2.5-mile route

- From clinic, proceed to Mehta Ln. Slight left and proceed to Reena Ave. Right onto Reena Ave. Left onto Commonwealth Dr. Right onto Montclair Pl. Left onto Ramesh Ave. Follow Ramesh Ave to Illa St. Left onto Illa St. Left onto Reena Ave. Left onto Mehta Ln and return to clinic.

- Home Health Services, Middleton - Routes

- 1-mile route

- Pinehurst Dr to Greenview Dr. Loop to Pinehurst Dr. Pinehurst Dr. to Montclair Dr. R to Evergreen Rd. and return to clinic.

- Mount Horeb Clinic - 1-mile route

- 1-mile route

- Cross Hwy 78 at crosswalk to Manor Dr. R onto Alan Dr. L onto Durtschi Dr. L onto Johns St. L onto Brian St. L onto Manor Dr. Cross Hwy 78 at crosswalk to return to Clinic.

- Northeast Family Medical Center - 1-mile route • 2-mile route

- 1-mile route

- West on Londonderry Drive. Right onto Dryden Drive. Continue onto Shelley Lane. Right onto Kipling Drive. Left onto Scott Lane. Right onto Packers Avenue. Right onto Londonderry Drive and return to clinic.

- 2-mile route

- West on Londonderry Drive. Right onto Dryden Drive. Left onto Browning Road. Right onto N. Sherman Avenue. Right onto Thackeray Road. Left onto Elliot Lane. Right onto Tennyson Lane. Right onto Kipling Drive. Right onto Shelley Lane. Continue onto Dryden Drive. Left onto Thackeray Road. Left onto Kipling Drive Right onto Scott Lane. Right onto Packers Avenue. Right onto Londonderry Drive and return to clinic.

- Odana Road Clinic - 1-mile route • 2-mile route

- 1-mile route

- West on Odana Rd until you reach Research Park Boulevard. Turn around at Research Park Blvd. L to return to clinic.

- 2-mile route

- East on Odana Road. Right onto Medical Circle. Left onto S. Whitney Way. Right onto Odana Road. Right onto Odana Lane. Left onto Fairway Drive. Right onto Coney Weston Place. Continue onto Milward Drive. Milward Dr turns slightly L and becomes Wedgewood Way. Left onto Odana Road and return to clinic.

- Oregon Clinic - 1-mile route • 2-mile route

- 1-mile route

- L onto Jefferson St. L onto N Burr Oak Ave. Around at Pine Way. R onto Jefferson St. R onto S Main St.

- 2-mile route
North onto Main Street. Left onto Jefferson Street. Left onto North Burr Oak Avenue. Left onto S. Perry Parkway. Left onto S. Main Street and return to clinic.
- Pharmacy Services Building - 1.35-mile route
 - 1.35-mile route
Right toward Deming Way. Start at the sidewalk across from UW Health sign. Left onto Deming Way. Left onto Nursery Drive. Left onto Forsythia Street, passing the Keva Sports Center on the right. Left onto Deming Way. Left onto sidewalk and return to building.
- PSC - Whitney Way - Routes
 - 1-mile route
South on Whitney Way to Regent St. East on Old Middleton Rd. to University Ave, go straight to University Credit Union and back.
- Portage Clinic - 0.6-mile route
 - 0.6-mile route
From the Portage Clinic entrance, turn left. Right onto County Highway CX. Proceed to Northside Dr. When you arrive at Northside Dr., turn around. Proceed onto County Highway CX. Turn left and return to the clinic entrance.
- Psychiatric Institute and Clinic - Routes
 - 1-mile route
Research Park Blvd. to paved path (arrow) and back.
- Rehabilitation Clinic, Middleton - Routes
 - 1.1-mile route
Maple St. to Hubbard St. R to Park St. R to Elmwood Ave. R to Maple St. L back to Middleton Rehab.
- Research Park Clinic - Routes
 - 1-mile route
Mineral Point Road and back along Science Drive.
 - 1.8-mile route
Science Drive to Whitney Way. Right on Mineral Point Road. Right onto Presidential Lane. Right onto Segoe Road. Right onto Tokay Boulevard and proceed back to clinic.
- Stoughton Clinic - Half-mile route • 1-mile route
 - Half-mile route
South on Nygaard Road. Left onto Buckingham Road. Left onto Virgin Lake Drive. Left onto Wood View Drive. Right onto Nygaard Road and proceed back to clinic.
 - 1-mile route
South on Nygaard Road. Left onto Buckingham Road. Right onto Nottingham Road. Left onto Kings Lynn Road. Left onto Buckingham Road. Left onto Virgin Lake Drive. Left onto Wood View Drive. Right onto Nygaard Road and proceed back to clinic.
- Sun Prairie Clinic - 1-mile route
 - Straight on Bella Way. Right onto Ironwood Drive. Left onto Crescendo Drive. At the end of Crescendo Drive, loop around and continue back. Right onto Ironwood Drive. Right onto Bella Way. At the end of Bella Way, loop around and continue back. Left onto

Ironwood Drive. Right onto Oxford Place. Right onto Windsor Street and proceed to clinic.

- Union Corners Clinic - 0.7-mile route • 2-mile route
 - 0.7-mile route
Turn right from the clinic entrance. Take a slight right and proceed to the Union Corners path. Left onto Union Corners Path. Left onto Farwell Street. Left onto Milwaukee Street. Left onto E. Washington Avenue. Left onto N. 6th Street and return to clinic.
 - 2-mile route
Turn right from the clinic entrance. Take a slight right and proceed to the Union Corners path. Left onto Union Corners Path. Left onto Division Street. Left onto Atwood Avenue. At intersection of Atwood and Dunning Street, proceed to Capital City Trail. Left onto Capital City Trail Spur to St. Paul Avenue. Right onto St. Paul Avenue. Left onto Dixon Street. Right onto Starkweather Creek patch. Left onto Milwaukee Street. Left onto Farwell Street. Right onto Union Corners Patch and return to clinic.
- University Hospital (outdoor) - 2-mile route • 2.5-mile route • 3-mile route
 - 2-mile route
Left onto Highland Avenue. Right onto Marsh Lane. Left onto patch adjacent to University Bay Drive. Cross bike path. Left onto Howard Temin Lakeshore path. Left onto Oxford Rd., Right onto University Bay Drive. Left onto Highland Avenue. Right at hospital parking entrance.
 - 3-mile route
Left onto Highland Avenue. Right onto Marsh Lane. Left onto patch adjacent to University Bay Drive. Cross bike path. Left onto Howard Temin Lakeshore path. Right onto gravel Picnic Point path. Turn around at Picnic Point path and reverse path to hospital.
- University Station Clinic - Routes
 - 1-mile route
Take the bike path (across from Magic Mill) Northwest. First R turn on bike path to Harvard Dr. R to University Bay Dr. R to Marshall Ct. R to University Station.
- Verona Clinic - Half-mile route • 1-mile route
 - Half-mile route
East on Mark Road/Thompson Street. Left onto N. Nine Mound Road. Left onto Edward Street. Left onto Mark Road/Thompson Street.
 - 1-mile route
East on Mark Road. Left onto Todd Street. Right onto Kenwood Circle/Todd Street. Left onto Aspen Avenue. Left onto North Nine Mound Road. Right onto Mark Road/Thompson Street.
- Junction Road Medical Center - Routes
 - 1.2-mile route
North on Junction Rd. to Old Sauk Rd., turn L to Matthew Dr., turn L to Junction Rd., turn R back to clinic.
 - 2-mile route

North on Junction Rd., to Blackwolf Dr., turn L to Augusta Dr., turn L to Elderberry Rd., turn L to Junction Rd., turn R to Isaac Dr. Return north on Junction Rd. to clinic.

- Yahara clinic
 - Half-mile route
West on E Broadway. R onto Edna Taylor Pkwy. Turn around at Femrite Dr. L onto E Broadway
 - 1-mile route
East on E Broadway. L onto Cops Ave. L onto Femrite Dr. L onto Edna Taylor Pkwy. L onto E Broadway