Patient Name:

DOB:

MR #:

Index to Questionnaire – Health\Encounter
Date: _____

UW Health
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AMERICAN COLLEGE OF RHEUMATOLOGY PATIENT HISTORY FORM

MARITAL STATUS: ☐ Never Married ☐ Married ☐ Divorced ☐ Separated ☐ Widowed

Spouse/Significant Other: ☐ Alive/Age ____ ☐ Deceased/Age _____ Major Illnesses _____

EDUCATION (circle highest level attended):

Grade School 7 8 9 10 11 12 College 1 2 3 4 Graduate School _____

Occupation _____ Number of hours worked/average per week: _____

Referred here by: (check one) ☐ Self ☐ Family ☐ Friend ☐ Doctor ☐ Other health professional

Name of person making referral: _____

The name of the physician providing your primary medical care: _____

Do you have an orthopedic surgeon? ☐ Yes ☐ No If yes, name: _____

Describe briefly your present symptoms:_____

_____

_____

_____

Date symptoms began (approximate):_____

Diagnosis: _____

Previous treatment for this problem (include physical therapy, surgery, and injections; medications to be listed later)

_____

_____

_____

Please list the names of other practitioners you have seen for this problem:

_____

_____

RHEUMATOLOGIC (ARTHRITIS) HISTORY

At any time, have you or a blood relative had any of the following? Check if "yes".

Yourself		Relative Name/Relationship	Yourself		Relative/Name Relationship
	Arthritis (unknown type)			Lupus or "SLE"	
	Osteoarthritis			Rheumatoid Arthritis	
	Gout			Ankylosing Spondylitis	
	Childhood arthritis			Osteoporosis	
Other arthritis conditions:					

Patient Name:

DOB:

MR #:

Index to Questionnaire – Health\Encounter

UW Health
(University of Wisconsin Hospitals and Clinics Authority)

AMERICAN COLLEGE OF RHEUMATOLOGY PATIENT HISTORY FORM

As you review the following list, please check any of those problems, which have significantly affected you.

Date of last mammogram ____/____/____ Date of last eye exam ____/____/____ Date of last chest x-ray ____/____/____

Date of last Tuberculosis Test ____/____/____ Date of last bone densitometry ____/____/____

Constitutional
- ☐ Recent weight gain amount _____
- ☐ Recent weight loss amount _____
- ☐ Fatigue
- ☐ Weakness
- ☐ Fever

Eyes
- ☐ Pain
- ☐ Redness
- ☐ Loss of vision
- ☐ Double or blurred vision
- ☐ Dryness
- ☐ Feels like something in eye
- ☐ Itching eyes

Ears-Nose-Mouth-Throat
- ☐ Ringing in ears
- ☐ Loss of hearing
- ☐ Nosebleeds
- ☐ Loss of smell
- ☐ Dryness in nose
- ☐ Runny nose
- ☐ Sore tongue
- ☐ Bleeding gums
- ☐ Sores in mouth
- ☐ Loss of taste
- ☐ Dryness of mouth
- ☐ Frequent sore throats
- ☐ Hoarseness
- ☐ Difficulty in swallowing

Cardiovascular
- ☐ Pain in chest
- ☐ Irregular heart beat
- ☐ Sudden changes in heart beat
- ☐ High blood pressure
- ☐ Heart murmurs

Respiratory
- ☐ Shortness of breath
- ☐ Difficulty in breathing at night
- ☐ Swollen legs or feet
- ☐ Cough
- ☐ Coughing of blood
- ☐ Wheezing (asthma)

Gastrointestinal
- ☐ Nausea
- ☐ Vomiting of blood or coffee ground material
- ☐ Stomach pain relieved by food or milk
- ☐ Jaundice
- ☐ Increasing constipation
- ☐ Persistent diarrhea
- ☐ Blood in stools
- ☐ Black stools
- ☐ Heartburn

Genitourinary
- ☐ Difficult urination
- ☐ Pain or burning on urination
- ☐ Blood in urine
- ☐ Cloudy, “smoky” urine
- ☐ Pus in urine
- ☐ Discharge from penis/vagina
- ☐ Getting up at night to pass urine
- ☐ Vaginal dryness
- ☐ Rash/ulcers
- ☐ Sexual difficulties
- ☐ Prostate trouble

For Women Only:

Age when periods began: _____

Periods regular? ☐ Yes ☐ No

How many days apart? _____

Date of last period? ____/____/____

Date of last pap? ____/____/____

Bleeding after menopause? ☐ Yes ☐ No

Number of pregnancies? _____

Number of miscarriages? _____

Musculoskeletal
- ☐ Morning stiffness
  Lasting how long?
  _____ Minutes _____ Hours
- ☐ Joint pain
- ☐ Muscle weakness
- ☐ Muscle tenderness
- ☐ Joint swelling

List joints affected in the last 6 mos.

_____
_____
_____
_____

Integumentary (skin and/or breast)
- ☐ Easy bruising
- ☐ Redness
- ☐ Rash
- ☐ Hives
- ☐ Sun sensitive (sun allergy)
- ☐ Tightness
- ☐ Nodules/bumps
- ☐ Hair loss
- ☐ Color changes of hands or feet in the cold

Neurological System
- ☐ Headaches
- ☐ Dizziness
- ☐ Fainting
- ☐ Muscle spasm
- ☐ Loss of consciousness
- ☐ Sensitivity or pain of hands and/or feet
- ☐ Memory loss
- ☐ Night sweats

Psychiatric
- ☐ Excessive worries
- ☐ Anxiety
- ☐ Easily losing temper
- ☐ Depression
- ☐ Agitation
- ☐ Difficulty falling asleep
- ☐ Difficulty staying asleep

Endocrine
- ☐ Excessive thirst

Hematologic/Lymphatic
- ☐ Swollen glands
- ☐ Tender glands
- ☐ Anemia
- ☐ Bleeding tendency
- ☐ Transfusion/when _____

Allergic/Immunologic
- ☐ Frequent sneezing
- ☐ Increased susceptibility to infection

Patient Name:

DOB:

MR #:

Index to Questionnaire – Health\Encounter

UW Health
(University of Wisconsin Hospitals and Clinics Authority)

AMERICAN COLLEGE OF RHEUMATOLOGY PATIENT HISTORY FORM

SOCIAL HISTORY	PAST MEDICAL HISTORY
Do you drink caffeinated beverages? Cups/glasses per day? _____ Do you smoke? ☐ Yes ☐ No ☐ Past – How long ago? _____ Do you drink alcohol? ☐ Yes ☐ No Number per week? _____ Has anyone ever told you to cut down on your drinking? ☐ Yes ☐ No Do you use drugs for reasons that are not medical? ☐ Yes ☐ No If yes, please list: _____ _____ Do you exercise regularly? ☐ Yes ☐ No Type _____ Amount per week _____ How many hours of sleep do you get at night? _____ Do you get enough sleep at night? ☐ Yes ☐ No Do you wake up feeling rested? ☐ Yes ☐ No	Do you now or have you ever had: *(check if "yes")* ☐ Cancer ☐ Heart problems ☐ Asthma ☐ Goiter ☐ Leukemia ☐ Stroke ☐ Cataracts ☐ Diabetes ☐ Epilepsy ☐ Nervous breakdown ☐ Stomach ulcers ☐ Rheumatic fever ☐ Bad headaches ☐ Jaundice ☐ Colitis ☐ Kidney disease ☐ Pneumonia ☐ Psoriasis ☐ Anemia ☐ HIV/AIDS ☐ High Blood Pressure ☐ Emphysema ☐ Glaucoma ☐ Tuberculosis Other significant illness (please list): _____ _____ Natural or Alternative Therapies (chiropractic, magnets, massage, over-the-counter preparations, etc.): _____ _____ _____

Previous Operations

Type	Year	Reason
1.		
2.		
3.		
4.		
5.		
6.		
7.		

Any previous fractures? ☐ No ☐ Yes, Describe: _____
Any other serious injuries? ☐ No ☐ Yes, Describe: _____

FAMILY HISTORY:

	IF LIVING		IF DECEASED	
	Age	Health	Age at Death	Cause
Father				
Mother				

Number of siblings: _____ Number living: _____ Number deceased: _____
Number of children: _____ Number living: _____ Number deceased: _____
Health of children:
Do you know of any blood relative who has or had (check and give relationship):

☐ Cancer, _____ ☐ Heart disease, _____ ☐ Rheumatic fever, _____ ☐ Tuberculosis, _____
☐ Leukemia, _____ ☐ High blood pressure, _____ ☐ Epilepsy, _____ ☐ Diabetes, _____
☐ Stroke, _____ ☐ Bleeding tendency, _____ ☐ Asthma, _____ ☐ Goiter, _____
☐ Colitis, _____ ☐ Alcoholism, _____ ☐ Psoriasis, _____

Patient Name:

DOB:

MR #:

Index to Questionnaire – Health\Encounter

UW Health
(University of Wisconsin Hospitals and Clinics Authority)
AMERICAN COLLEGE OF RHEUMATOLOGY
PATIENT HISTORY FORM

Drug allergies: ☐ No ☐ Yes To what? _____

_____

Type of reaction: _____

PRESENT MEDICATIONS (List any medications you are taking. Include such items as aspirin, vitamins, laxatives, calcium and other supplements, etc.)

Name of Drug	Dose (include strength & number of pills per day	How long have you taken this medication	Please check: Helped? A Lot	Some	Not At All
1.			☐	☐	☐
2.			☐	☐	☐
3.			☐	☐	☐
4.			☐	☐	☐
5.			☐	☐	☐
6.			☐	☐	☐
7.			☐	☐	☐
8.			☐	☐	☐
9.			☐	☐	☐
10.			☐	☐	☐

PAST MEDICATIONS Please review this list of "arthritis" medications. As accurately as possible, try to remember which medications you have taken, ***how long*** you were taking the medication, ***results*** of taking the medication and list any ***reactions*** you may have had. Record your comments in the spaces provided.

Drug names/Dosage	Length of time	Please check: Helped? A Lot	Some	Not At All	Reactions
Non-Steroidal Anti-Inflammatory Drugs (NSAIDS)		☐	☐	☐	
Circle any you have taken in the past **Ansaid (flurbiprofen) Arthortec (diclofenac + misoprostol) Aspirin (including coated aspirin) Celebrex (celecoxib) Clinoril (sulindac) Daypro (oxaprozin) Disalcid (salsalate) Dolobid (diflunisal) Feldene (piroxicam) Indocin (indomethacin) Lodine (etodolac) Meclomen (meclofenamate) Motrin/Rufen (ibuprofen) Nalfon (fenoprofen) Naprosyn (naproxen) Oruvail (ketoprofen) Tolectin (tolmetin) Trilisate (choline magnesium trisalicylate) Vioxx (rofecoxib) Voltaren (diclofenac)**					
Pain Relievers					
Acetaminophen (Tylenol)		☐	☐	☐	
Codeine (Vicodin, Tylenol 3)		☐	☐	☐	
Propoxyphene (Darvon/Darvocet)		☐	☐	☐	
Other:		☐	☐	☐	
Other:		☐	☐	☐	
Disease Modifying Antirheumatic Drugs (DMARDS)					
Auranofin, gold pills (Ridaura)		☐	☐	☐	
Gold shots (Myochrysine or Solganol)		☐	☐	☐	
Hydroxychloroquine (Plaquenil)		☐	☐	☐	
Penicillamine (Cuprimine or Depen)		☐	☐	☐	
Methotrexate (Rheumatrex)		☐	☐	☐	
Azathioprine (Imuran)		☐	☐	☐	
Sulfasalazine (Azulfidine)		☐	☐	☐	
Quinacrine (Atabrine)		☐	☐	☐	
Cyclophosphamide (Cytoxan)		☐	☐	☐	
Cyclosporine A (Sandimmune or Neoral)		☐	☐	☐	
Etanercept (Enbrel)		☐	☐	☐	
Infliximab (Remicade)		☐	☐	☐	
Prosorba Column		☐	☐	☐	
Other:		☐	☐	☐	
Other:		☐	☐	☐	

Patient Name:

DOB:

MR #:

Index to Questionnaire – Health\Encounter

UW Health
(University of Wisconsin Hospitals and Clinics Authority)
AMERICAN COLLEGE OF RHEUMATOLOGY
PATIENT HISTORY FORM

PAST MEDICATIONS Continued					
Drug names/Dosage	**Length of time**	**Please check: Helped? A Lot**	**Some**	**Not At All**	**Reactions**
Osteoporosis Medications					
Estrogen (Premarin, etc.)		☐	☐	☐	
Alendronate (Fosamax)		☐	☐	☐	
Etidronate (Didronel)		☐	☐	☐	
Raloxifene (Evista)		☐	☐	☐	
Fluoride		☐	☐	☐	
Calcitonin injection or nasal (Miacalcin, Calcimar)		☐	☐	☐	
Risedronate (Actonel)		☐	☐	☐	
Other:		☐	☐	☐	
Other:		☐	☐	☐	
Gout Medications					
Probenecid (Benemid)		☐	☐	☐	
Colchicine		☐	☐	☐	
Allopurinol (Zyloprim/Lopurin)		☐	☐	☐	
Other:		☐	☐	☐	
Other:		☐	☐	☐	
Others					
Tamoxifen (Nolvadex)		☐	☐	☐	
Tiludronate (Skelid)		☐	☐	☐	
Cortisone/Prednisone		☐	☐	☐	
Hyalgan/Synvisc injections		☐	☐	☐	
Herbal or Nutritional Supplements		☐	☐	☐	
Please list supplements:					
Have you participated in any clinical trials for new medications? ☐ Yes ☐ No					
If yes, list:					

Patient Name:

DOB:

MR #:

UW Health
(University of Wisconsin Hospitals and Clinics Authority)

AMERICAN COLLEGE OF RHEUMATOLOGY PATIENT HISTORY FORM

Index to Questionnaire – Health\Encounter

ACTIVITIES OF DAILY LIVING

Do you have stairs to climb? ☐ Yes ☐ No If yes, how many? _____
How many people in household? _____ Relationship and age of each _____
Who does most of the housework? _____ Who does most of the shopping? _____ Who does most of the yard work? _____
On the scale below, circle a number which best describes your situation; *Most of the time, I function…*

1	2	3	4	5
VERY POORLY	POORLY	OK	WELL	VERY WELL

Because of health problems, do you have difficulty:
(Please check the appropriate response for each question.)

	Usually	Sometimes	No
Using your hands to grasp small objects? (buttons, toothbrush, pencil, etc.)	☐	☐	☐
Walking?	☐	☐	☐
Climbing stairs?	☐	☐	☐
Descending stairs?	☐	☐	☐
Sitting down?	☐	☐	☐
Getting up from chair?	☐	☐	☐
Touching your feet while seated?	☐	☐	☐
Reaching behind your back?	☐	☐	☐
Reaching behind your head?	☐	☐	☐
Dressing yourself?	☐	☐	☐
Going to sleep?	☐	☐	☐
Staying asleep due to pain?	☐	☐	☐
Obtaining restful sleep?	☐	☐	☐
Bathing?	☐	☐	☐
Eating?	☐	☐	☐
Working?	☐	☐	☐
Getting along with family members?	☐	☐	☐
In your sexual relationship?	☐	☐	☐
Engaging in leisure time activities?	☐	☐	☐
With morning stiffness?	☐	☐	☐
Do you use a cane, crutches, a walker or wheelchair? (circle one)	☐	☐	☐
What is the hardest thing for you to do?			
Are you receiving disability?	☐ Yes	☐ No	
Are you applying for disability?	☐ Yes	☐ No	
Do you have a medically related lawsuit pending?	☐ Yes	☐ No	

Signature of Patient/Representative: _____ Date: _____/_____/_____Time: _____
If signed by person other than the patient, print name and state relationship and authority to do so.

Print Name: _____ Relationship: _____

- Patient is: ☐ Minor ☐ Incompetent/Incapacitated
- Legal Authority: ☐ Legal Guardian ☐ Parent of Minor ☐ Health Care Agent ☐ Other: _____

Reviewed by: _____ Date: _____/_____/_____Time: _____